



Obesity Care Week

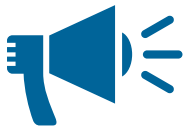
February 28th - March 6th, 2021

WHY DOES WEIGHT BIAS MATTER?

93 Million Americans

AFFECTED BY OBESITY

In the United States, it is estimated that 93 million Americans are affected by obesity.



DID YOU KNOW?

1. In only 10 years, there was a **66%** increase in reports of weight discrimination.¹
2. **10.3%** of U.S. adults have experienced weight bias in healthcare.⁹
3. Weight discrimination is the second most common form of discrimination reported by women, and is comparable to rates of racial discrimination.²
4. Weight bias also comes from family members. In one study, **72%** of respondents said they experienced weight bias from family members.⁸
5. Far from improving health outcomes, weight bias can also lead to higher blood pressure and an overall poorer quality of life.⁵ With millions of adults and children's lives at risk, it's time to work together to change how we talk, think and act about weight.

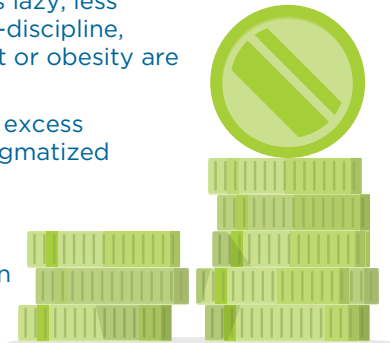
WEIGHT BIAS IN THE WORKPLACE

More than half (54 percent) of people with excess weight report experiencing stigma by coworkers.⁵

In addition to being viewed as lazy, less competent and lacking in self-discipline, individuals with excess weight or obesity are paid less on the job.⁶

More than half of people with excess weight report having been stigmatized by coworkers.³

Women who are affected by obesity tend to earn salaries that are six percent lower than thinner women (for the same work performed).⁷



WEIGHT BIAS ISN'T THE SAME FOR EVERYONE

32% of Latinos/Hispanics and **26%** Asians/Pacific Islanders say they've experienced weight bias in employment compared to **11%** of all adults.¹⁰

47% of Blacks/African Americans and **47%** of Latinos/Hispanics say they've experienced weight bias compared to **42%** of all adults.¹⁰

31% of Asians/Pacific Islanders and **30%** of Latinos/Hispanics say they've experienced weight bias in education compared to **14%** of all adults.¹⁰



Sign-up for OCW Alerts to learn how you can get involved!

ObesityCareWeek.org/ocw-alerts

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