

Obesity Care Week

February 28th - March 6th, 2021

More than 93 million Americans are affected by the disease of obesity. For too long, people with obesity have faced weight bias and barriers to effective treatment of their disease. Half of people with obesity report they have never had a conversation about their weight with a healthcare professional.

Individuals Must No Longer be the Target of Weight Bias



93 Million

Number of U.S. individuals affected by obesity

Healthcare Providers Need to be Trained in Obesity Care



2013

During the past decade, the American Medical Association declared obesity a complex chronic disease and called for elimination of out-of-date restrictions on care Individuals with Obesity Must Have Access to and Coverage of Science-based Treatments



\$427 Billion

Estimated cost of annual obesity-related healthcare

Providers and Policy Makers Must Recognize the Need for Further Investment in the Education, Prevention and Treatment of Obesity



Nearly 50%

Estimated percentage of adults affected by obesity in 2030 if no change is made

Individuals with Obesity Need to Know that this Disease is Not Their Responsibility Alone and Work with a Healthcare Provider

Adults Per Age Group Affected by Obesity:







20 - 39 Years

40 - 59 Years

60 and Over



42%

Individuals with obesity end up paying 42% more on healthcare costs



Estimated cost of Medicare and Medicaid patients with obesity. Eradicating obesity would result in an **8.5 percent** savings in Medicare spending alone.



Obesity is linked to more than 200 diseases and disorders, including:

- Stroke
- Cancer
- Diabetes
- Sleep Apnea

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